



2504 Monroe Street, LaPorte, IN 46350  
PH: (219) 326-5100 FX: (219) 326-0180

## Confidential Patient Intake Form

**WELCOME TO OUR OFFICE!** Please complete this questionnaire as thoroughly as possible. This confidential history will be part of your permanent medical records and will help us get a better understanding of your overall health. Please ask if you have any questions or concerns while completing this form. **THANK YOU!**

### PERSONAL INFORMATION

Patient Legal Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Sex: ☐ Male ☐ Female Marital Status: S / M / D / W  
SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Employer Name/City: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Spouse or Guardian's Name: \_\_\_\_\_ How Many Children (Ages): \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Spouse's SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Whom May We Thank for Referring You to Us? \_\_\_\_\_  
How Else Did You Hear About Us? \_\_\_\_\_

If Patient is School Age (15+), I Authorize Treatment in My Absence esp. In Case of Medical Emergency (GUARDIAN SIGN BELOW):

Legal Guardian Signature: \_\_\_\_\_ Patient Relation: \_\_\_\_\_ Date: \_\_\_\_\_

### RESPONSIBLE PARTY - Do You Currently Have Medical Insurance? ☐ No ☐ Yes (complete the following:)

Who is Responsible for Your Account: ☐ Myself Only ☐ Myself AND: Spouse / Work Comp / Auto Insur. / Health Insur.  
Personal Health Insurance Carrier: \_\_\_\_\_ Health ID Card #: \_\_\_\_\_  
Policy Holder's Name: \_\_\_\_\_ Group #: \_\_\_\_\_  
Policy Holder's Social Security #: \_\_\_\_/\_\_\_\_/\_\_\_\_ Primary Care Physician: \_\_\_\_\_

### ASSIGNMENT OF HEALTH BENEFITS AND RIGHTS AS WELL AS AN APPOINTMENT AND/OR DESIGNATION AS MY PERSONAL REPRESENTATIVE AND AN ERISA/PPACA REPRESENTATIVE AND BENEFICIARY

I understand and agree that regardless of whatever health insurance or medical benefits I have, I am ultimately responsible to pay 360 Integrated Medical Center PC and/or Back to Health Wellness Center PC as well as all employees, employers, representatives, and agents thereof, (hereinafter collectively referred to as "Healthcare Provider") the balance due on my account for any professional services rendered and for any supplies, tests, or medications provided. I hereby authorize payment of, and assign my rights to, any health insurance or medical plan benefits directly to Healthcare Provider for any and all medical/healthcare services, supplies, tests, treatments, and/or medications that **have been or will be** rendered or provided; as well as designating and appointing Healthcare Provider as my beneficiary under all health insurance or medical plans which I may have benefits under. I hereby authorize the release of any health status, conditions, symptoms or treatment information contained in your records that is needed to file and process insurance or medical plan claims, to pursue appeals on any denied or partially paid claims, for legal pursuit as to any unpaid or partially paid claims, or to pursue any other remedies necessary in connection with same. I hereby assign directly to Healthcare Provider all rights to payment, benefits, and all other legal rights under, or pursuant to, any health plan (including, but not limited to, any ERISA governed plan/insurance contract, PPACA governed plan/insurance contract) rights that I (or my child, spouse, or dependent) may have under my/our applicable health plan(s) or health insurance policy(ies). I also hereby appoint and designate that Healthcare Provider can act on my/our behalf, as my/our Personal Representative, ERISA Representative, and PPACA Representative as to any claim determination, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals and/or legal action (including in my name and on my behalf) to obtain and/or protect benefits and/or payments that are due (or have been previously paid) to either Healthcare Provider, myself, and/or my family members as a result of services rendered by Healthcare Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan, the insurer, or any administrator. I hereby also declare that Healthcare Provider is my/our beneficiary regarding my/our health plan as contemplated by both ERISA and PPACA, and that Healthcare Provider can pursue any and all rights that I/we may have under state and/or federal law regarding my/our health plan. This assignment, appointment, and designation will remain in effect unless revoked by me in writing. *It is my intent that the effective date of this document shall relate back to include all services, supplies, tests, treatments, or medications that have been previously provided by Healthcare Provider.* A photocopy or scan of this document is to be considered as valid and as enforceable as the original.

Signed this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_. Patient Signature: X \_\_\_\_\_

Guardian Signature (if applicable): \_\_\_\_\_ Print Patient Name: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### CHIEF COMPLAINT - HPI (HISTORY OF PRESENT ILLNESS)

**What is Your MAIN SYMPTOM?** \_\_\_\_\_

**Location** (Where is your main pain/problem?): \_\_\_\_\_

**Quality** (Describe this pain/problem): \_\_\_\_\_

**Duration** (When did this pain/problem start?): \_\_\_\_\_

**Cause** (What started this pain/problem?): \_\_\_\_\_

**Severity** (How severe is this pain/problem?): \_\_\_\_\_

**Frequency** (How often is this pain/problem?): \_\_\_\_\_

**Timing** (Worse in morning, night, constant?): \_\_\_\_\_

**Change** (Getting better, worse, same over time?): \_\_\_\_\_

**Relieving Factors** (What activities make it better?): \_\_\_\_\_

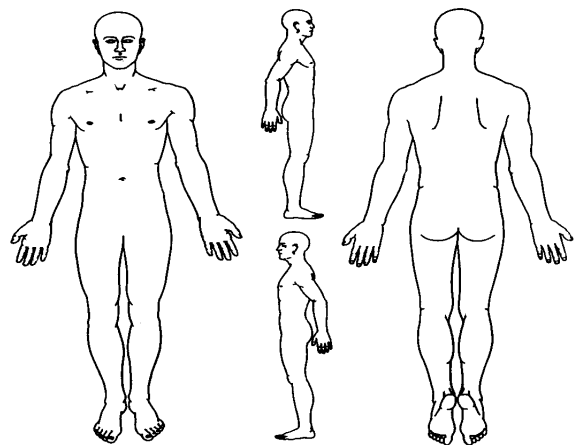
**Aggravating Factors** (What activities make it worse?): \_\_\_\_\_

**Radiation** (Other body areas affected by this pain/problem?): \_\_\_\_\_

### OTHER HEALTH COMPLAINTS

Please list health complaints you are having currently and mark location(s) on the diagram using the "Key". Then indicate below the severity of the symptom(s) from 1 to 10 with 10 being worst.

	No Pain ▼	1	2	3	4	5	6	7	8	9	Worst Pain ▼
<b>Primary Complaint:</b>											
1) _____											
<b>Additional Complaints</b>											
2) _____											
3) _____											
4) _____											
5) _____											



**Diagram Key:** A=Ache, B=Burning, N=Numbsness, P=Pin & Needles, S=Sharp

### ACTIVITIES OF DAILY LIVING

**Work Status:** ☐Employed ☐Unemployed ☐Retired ☐Disabled ☐Student ☐Stay-at-home ☐Other: \_\_\_\_\_

**Usual Daily Activities:** ☐Bend ☐Reach ☐Climb ☐Sit ☐Kneel ☐Stand ☐Pull ☐Twist ☐Push ☐Walk ☐Lift

**Repetitive Activities:** ☐Assembly/Fine Manipulation ☐Hand Tool Use ☐Computer Use/Typing ☐Operate Machinery  
☐Grasping ☐Phone Use ☐Other: \_\_\_\_\_

**How Has Primary Condition Affected Job Performance?** ☐No Effect ☐Limited Ability ☐Can't Perform Normal Duties

**How Has Primary Condition Affected Daily Activities?**

Bending: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Changing Positions: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Climbing Stairs: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Driving: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Computer Use: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Household Chores: ☐No Effect ☐Mild ☐Moderate ☐Severe

Lifting: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Sleeping: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Sitting: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Standing: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Walking: ☐No Effect ☐Mild ☐Moderate ☐Severe  
 Yard Work: ☐No Effect ☐Mild ☐Moderate ☐Severe

**How Has Primary Condition Affected Recreational Activities?** \_\_\_\_\_

Provider APN/MD Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



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## PAST MEDICAL HISTORY

Height: \_\_\_\_ ft. \_\_\_\_ in. Current Weight: \_\_\_\_ lbs. Recently Lost or Gained More Than 10 lbs? ☐ Yes ☐ No

Last Physical Exam Date and Results? \_\_\_\_\_

Have You Seen Other Physicians/Providers for THIS Main Primary Condition? ☐ Yes ☐ No

If Yes, List All Doctors or Therapist Consulted for THIS Condition (include approximate dates and diagnosis).

Provider Name: \_\_\_\_\_ Date of Visit: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Provider Name: \_\_\_\_\_ Date of Visit: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Describe Any Treatment You've Had for THIS Condition (include medications, testing, etc.): \_\_\_\_\_

Have You Ever Received Chiropractic Care? ☐ No ☐ Yes: When? \_\_\_\_\_ Satisfied with Care? ☐ Yes ☐ No

## MEDICATIONS & ALLERGIES

List Any Prescription & Non-Prescription Medications, Vitamins You Are Currently Taking: ☐ Not Taking Any Meds

Medication	Dosage	For What Condition?	How Long Been Taking This?

List Any Allergies, Including Sulfa, Seasonal, Food and Medicinal Allergies: ☐ No Known Allergies

Allergen	Reaction to Allergen

## PAST HOSPITALIZATIONS/SURGERIES

Please Indicate If You Have Had the Following Surgeries:

☐ Carpal Tunnel Surgery Date: \_\_\_\_\_

☐ Laminectomy Date: \_\_\_\_\_

☐ Joint Reconstruction Date: \_\_\_\_\_

☐ Joint Replacement Date: \_\_\_\_\_

☐ Rotator Cuff Repair Date: \_\_\_\_\_

☐ Knee Repair Date: \_\_\_\_\_

☐ Spinal Fusion Date: \_\_\_\_\_

☐ Spinal Disc Surgery Date: \_\_\_\_\_

List Any Other Past Hospitalizations and Surgeries: \_\_\_\_\_

## PAST INJURIES

Please Indicate If You Have Had the Following Injuries:

☐ Back Injury Date: \_\_\_\_\_

☐ Joint Injury Date: \_\_\_\_\_

☐ Broken Bones Date: \_\_\_\_\_

☐ Head Injury Date: \_\_\_\_\_

☐ Severe Fall Date: \_\_\_\_\_

☐ Auto Accident Date: \_\_\_\_\_

☐ Sprain/Strain Date: \_\_\_\_\_

☐ Severe Laceration Date: \_\_\_\_\_

List Any Other Past Major Injuries: \_\_\_\_\_

Provider APN/MD Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## PAST ILLNESSES/DISEASES

Please Indicate If You Have Ever Had the Following Illnesses:

- |   |   |  |  |   |
|---|---|--|--|---|
| <input type="checkbox"/> Measles        | <input type="checkbox"/> Pneumonia        | <input type="checkbox"/> Asthma                | <input type="checkbox"/> Hepatitis         | <input type="checkbox"/> Anemia               |
| <input type="checkbox"/> Mumps          | <input type="checkbox"/> Rheumatic Fever  | <input type="checkbox"/> Eczema Hives          | <input type="checkbox"/> Ulcer             | <input type="checkbox"/> Bladder Infection    |
| <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Arthritis        | <input type="checkbox"/> AIDS & HIV            | <input type="checkbox"/> Kidney Disease    | <input type="checkbox"/> Epilepsy             |
| <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> Infectious Mon        | <input type="checkbox"/> Thyroid Disease   | <input type="checkbox"/> Migraine Headaches   |
| <input type="checkbox"/> Scarlet Fever  | <input type="checkbox"/> Polio            | <input type="checkbox"/> Bronchitis            | <input type="checkbox"/> Blood Clots       | <input type="checkbox"/> Blood Pressure Issue |
| <input type="checkbox"/> Diphtheria     | <input type="checkbox"/> Tuberculosis     | <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Cancer            | <input type="checkbox"/> Glaucoma             |
| <input type="checkbox"/> Small Pox      | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Stroke                | <input type="checkbox"/> Bleeding Tendency | <input type="checkbox"/> Hemorrhoids          |

List Any Other Past Serious Illnesses or Disease: \_\_\_\_\_

## REVIEW OF SYSTEMS

Please Indicate Any of the Following You Have Experienced in the Last 1-2 months.

Please Circle the Number According to Frequency: **1=Never, 2=Rarely, 3=Occasionally, 4=Frequently, 5=Constantly**

### General & EENT

- |                   |           |
|-------------------|-----------|
| Weakness          | 1 2 3 4 5 |
| Fatigue           | 1 2 3 4 5 |
| Fever             | 1 2 3 4 5 |
| Chills            | 1 2 3 4 5 |
| Night Sweats      | 1 2 3 4 5 |
| Fainting          | 1 2 3 4 5 |
| Asthma            | 1 2 3 4 5 |
| Chronic Cough     | 1 2 3 4 5 |
| Chest Congestion  | 1 2 3 4 5 |
| Earache/Infection | 1 2 3 4 5 |
| Shortness Breath  | 1 2 3 4 5 |
| Wheezing          | 1 2 3 4 5 |
| Ear Ringing       | 1 2 3 4 5 |
| Skin Changes      | 1 2 3 4 5 |

### Musculoskeletal

- |                 |           |
|-----------------|-----------|
| Muscle Aches    | 1 2 3 4 5 |
| Fibromyalgia    | 1 2 3 4 5 |
| Arthritis       | 1 2 3 4 5 |
| Joint Pain      | 1 2 3 4 5 |
| Joint Stiffness | 1 2 3 4 5 |
| Low Back Pain   | 1 2 3 4 5 |
| Neck Pain       | 1 2 3 4 5 |
| Mid Back Pain   | 1 2 3 4 5 |
| Wrist/Hand Pain | 1 2 3 4 5 |
| Elbow Pain      | 1 2 3 4 5 |
| Shoulder Pain   | 1 2 3 4 5 |
| Hip Pain        | 1 2 3 4 5 |
| Knee Pain       | 1 2 3 4 5 |
| Ankle/Foot Pain | 1 2 3 4 5 |

### Neurological

- |                   |           |
|-------------------|-----------|
| Headaches         | 1 2 3 4 5 |
| Migraines         | 1 2 3 4 5 |
| Dizziness         | 1 2 3 4 5 |
| Numbness          | 1 2 3 4 5 |
| Tingling          | 1 2 3 4 5 |
| Seizures          | 1 2 3 4 5 |
| Vertigo           | 1 2 3 4 5 |
| Trembling         | 1 2 3 4 5 |
| Weak Grip         | 1 2 3 4 5 |
| Incoordination    | 1 2 3 4 5 |
| Paralysis         | 1 2 3 4 5 |
| Memory Loss       | 1 2 3 4 5 |
| Speech Difficulty | 1 2 3 4 5 |
| Facial Loss       | 1 2 3 4 5 |

## PATIENT SOCIAL HISTORY

Marital Status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

Daily Mental Work Load: ☐ None ☐ Light (1-2 hours) ☐ Moderate (3-4 hours) ☐ Heavy (5+ hours)

Daily Physical Work Load: ☐ None ☐ Light (1-2 hours) ☐ Moderate (3-4 hours) ☐ Heavy (5+ hours)

Weekly Exercise Habits: ☐ No Exercise ☐ Light (1 day/wk) ☐ Moderate (2-3 days/wk) ☐ Heavy (4+ days/wk)

Use of Alcohol (Beer, Wine, Liquor): ☐ Never ☐ Rarely ☐ Moderate ☐ Daily

Use of Tobacco/Smoking: ☐ Never ☐ Rarely ☐ Moderate ☐ Daily

Use of Drugs: ☐ Never ☐ Rarely ☐ Moderate ☐ Daily : Type/Frequency: \_\_\_\_\_

## FAMILY MEDICAL HISTORY

List Any Diseases or Illnesses Which Run in Your Family

	Age if Living	Age at Death	Disease/Illness	Cause of Death	State of Health
Father					
Mother					
Brother(s)					
Sister(s)					
Spouse					
Children					

The questions on this form have been completed by me and accurately answered to the best of my knowledge. I understand that providing incorrect information can be dangerous to my health. It is my responsibility throughout the course of any future recommended treatment to inform this doctor's office of any changes in my medical status. I also authorize the healthcare staff of this office to perform any necessary services I may need today and in the future.

SIGNATURE of Patient, Parent or Guardian:  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Provider APN/MD Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_